

# *A Sanctuary Garden and Flower Essence Library*

I am putting this idea out into the universe in the hope that there are others out there who can help me make it into a reality. As a complete vision it has only just come to me but looking back it is the thing that my whole life has been working towards.

I would like to create, and manage, a sanctuary garden in an accessible urban setting where ALL people can come freely just to sit quietly and escape into nature when they need reviving. A space where people can feel safe and be at peace among flowers, to notice their beauty and to 'listen' to them. It wouldn't be a formal garden- wild plants/weeds would be welcome too! I imagine there would be lots of sitting areas, trees, shelters and, like all the best gardens I have spent time in, it would evolve naturally over time. In amongst this would be a Flower Essence Library /Resource Centre containing as many different essences from around the world as possible where people could come, learn about Flower Essences, and for a small charge, have the essence they need mixed for them after talking to a qualified practitioner. I feel that this garden would not only help the community it was part of but help spread the healing messages flowers have to give further into the world.

I have had very few ambitions in my life, I have always followed the path that seemed to open up before me, so to have this 'vision' come to me is a complete surprise and I know that, with the right help, it can become a reality and, like a seed, with love and nourishment, it can grow into something really beautiful and special.

A project like this needs other people so if you feel YOU can help in any way please contact me. Or if you know of any trusts, landowners or other individuals that may be interested please pass this on.

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